



**Woman's Treatment Specialist
Educational Manual**

W101-Women and Diversity: Lifespan Issues – 6 hours

At the end of this course, the student should be able to:

- 1. Appreciate the historical journey of women and its implication for present day treatment.**
- 2. Identify key milestones in the development of women specific treatment.**
- 3. Understand gender differences in addiction treatment.**
- 4. Discuss differences in various population subgroups as it relates to addiction and recovery:**
 - a. Ethnicity and culture;**
 - b. Lifestyle;**
 - c. Family;**
 - d. Legal and Justice;**
 - e. Acculturation/Integration in American culture**
 - f. Varying parenting styles**
- 5. Develop clinical skills in working with diversified women populations**
- 6. Understand the empowerment and strength-based models for women in addiction treatment**

*PowerPoints must accompany this form- submit electronically to rich@certbd.com

The undersigned agree by signing that all the above learning objectives for this course will be taught and that the required hours will be fulfilled in a classroom setting.

Name of Approved Agency: _____ Agency

Signature _____

Instructor: _____ * must electronically submit resume with this application.*

signature _____

Board Representative Signature _____ : Course Approved Until _____



Woman's Treatment Specialist

W201: Women's Substance Use and Health Related Issues: 6 hours

At the end of this course, the student should be able to:

1. Understand the impact of substance use on women's health.
2. Explain the effects of substance use by women during pregnancy and on the developing fetus and child, including, but not limited to:
 - a. Alcohol
 - b. Nicotine
 - c. Marijuana
 - d. Heroin and Opiates
 - e. Cocaine and Stimulants
 - f. LSD, Designer Drugs
 - g. Psychotropics
 - h. Antidepressants
 - i. Lithium
 - j. Anti-psychotics
 - k. Other Medications
5. Define major symptoms of withdrawal and as listed in the DSM.
6. Explain the process of maternal withdrawal, detoxification and medication assisted therapy.
7. Understand the impact of withdrawal on the pregnant woman and the developing fetus.
8. Explain detoxification considerations for the pregnant woman.
9. Understand individual patient medication needs (the addicted woman, chronic pain, etc.).
10. Understand the diagnostic criteria for Fetal Alcohol Syndrome and screening for Fetal Alcohol Spectrum Disorders.
11. Understand the primary and secondary disabilities related to prenatal alcohol exposure through the lifespan.
12. Identify lifespan case management skills for individuals prenatally exposed to alcohol.

*PowerPoints must accompany this form- submit electronically to rich@certbd.com

The undersigned agree by signing that all the above listed learning objectives for this course will be taught and that the required hours will be fulfilled in a classroom setting.

Name of Approved Agency: _____ Agency
signature _____

Instructor: _____ * must electronically submit resume with this application.*
signature _____

Board Representative Signature _____: Course Approved Until _____



Woman's Treatment Specialist

W301: Gender Specific Substance Use Risk Factors and Practical Interventions – 6 hours

At the end of this course, the student should be able to:

- 1. Identify risk factors for women who drink or use drugs (i.e., domestic violence and sexual abuse etc.).**
- 2. Review bio-psychosocial, economic, and cultural variables of at risk women.**
- 3. Describe inter-relatedness of the biological, psychological, and sociological perspectives of women.**
- 4. Identify gender specific approaches to intervention and referral.**

*PowerPoints must accompany this form- submit electronically to rich@certbd.com

The undersigned agree by signing that all the above learning objectives for this course will be taught and that the required hours will be fulfilled in a classroom setting.

Name of Approved Agency: _____ Agency

Signature _____

Instructor: _____ * must electronically submit resume with this application. *

signature _____

Board Representative Signature _____ : Course Approved Until _____



Woman's Treatment Specialist

W401: Trauma Specific Treatment- 6 hours

At the end of this course, the student should be able to:

- 1. Define, identify, diagnosis and list effects of various Trauma**
- 2. Common misperceptions**
- 3. Review Assessment Tools for Trauma**
- 4. Explain the importance of the following terms as they relate to treatment:**
 - a. Engagement and Retention**
 - b. Non-compliance**
 - c. Denial and Resistance**
 - d. Barriers to treatment**
- 5. Treatment Options as they relate to different types of trauma.(mental illness, addiction, child abuse, betrayal, sexual assaults, etc)**
- 6. Treatment implications for this population and indications.**
- 7. List and discuss medications used in treating trauma and its relationship to addiction and recovery.**

*PowerPoints must accompany this form- submit electronically to rich@certbd.com

The undersigned agree by signing that all the above learning objectives for this course will be taught and that the required hours will be fulfilled in a classroom setting.

Name of Approved Agency: _____ Agency

Signature _____

Instructor: _____ * must electronically submit resume with this application.*

signature _____

Board Representative Signature _____: Course Approved Until _____



501-Systems Coordination – 6 hours

At the end of this course, the student should be able to:

- 1. Maintain client charts according to agency requirements.**
- 2. List the major components of standard treatment plans and progress notes.**
- 3. Demonstrate an understanding of co-morbid issues and the referral system in their community that includes, but is not limited to: self help groups, housing, welfare, seniors, GLBT needs, DYFS, legal systems, mental health, educational and employment issues.**
- 4. Understand the importance of integrating collateral services.**
- 5. Assess familial and environmental positives and negatives, using basic interviewing techniques for Perinatal Addiction Specialist.**
- 6. Understand the definition of domestic violence.**
 - a. Understand myths and facts of domestic violence and physical risk to pregnant women.**
 - b. Identify domestic violence referral systems and safety plans.**
- 7. Recognize personal and others value systems and adhere to the professional boundaries between them.**

*PowerPoints must accompany this form- submit electronically to rich@certbd.com

The undersigned agree by signing that all the above learning objectives for this course will be taught and that the required hours will be fulfilled in a classroom setting.

Name of Approved Agency: _____ Agency

Signature _____

Instructor: _____ * must electronically submit resume with this application.*

signature _____

Board Representative Signature _____: Course Approved Until _____